

4.0 CLUB RATING Skill Assessment – Must Possess all 3.5 Skills

DESCRIPTIVE	Y/N	COMMENTS
Volley exchange at the net and beginning to use directional control		
Block Volley		
Hits winning volley when a ball is popped up (smash, body shot, etc)		
Better consistency when performing 3 rd shot drop from the baseline (dropping in front of opponent and/or in kitchen)		
Moves effectively with partner, easily switching sides, communicates when required		
Controls play at the NVZ by keeping their opponent back if they're at the baseline		
Dink with a purpose to create a put away shot		
Poaches – effective and knows when appropriate		
Changes ball speed (fast to slow and slow to fast)		
Overhead – consistently and placement		
Forehand groundstroke control (direction, depth, short, height)		
Backhand groundstroke control (direction, depth, short, height)		
Minimizes errors with shot selection		
Adjusts to different ball speeds (blocks, dinks, drives, smashes, etc)		
Uses offensive lobs effectively		
Maintains greater patience in dinks and rallies		
Beginning to anticipate shots (watches opponents paddle face)		
Skill Testing Requirement: Dinks		
16 out of 20 windshield wiper dinks (front, back, center)		
Skill Testing Requirement: 3rd shot drop from transition area (middle of the court)		
Forehand down the line 4/5		
Forehand cross court 4/5		
Backhand down the line 4/5		
Backhand cross court 4/5		
Skill Testing Requirement: 3rd shot drop from baseline		
Forehand 6/10		
Backhand 6/10		
Skill Testing Requirement: Overheads		
Overheads 4/5		
Skill Testing Requirement: Offensive lobs from the NVZ line		

Offensive Lobs 3/5		
Skill Testing Requirement: Volleys (Ball lands in the back half of opponents court)		
Forehand Punch Volley with directional & depth control 4/5		
Backhand Punch Volley with directional & depth control 4/5		
Forehand Block Volley 3/5		
Backhand Block Volley 3/5		
Skill Testing Requirement: Offensive lobs from NVZ line		
Offensive lobs 4/5		

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DATE _____

Signature/Name _____