

3.5 LWPC Skill Assessment – should possess all of 3.0 skills

DESCRIPTIVE	Y/N	COMMENTS
Can consistently dink while changing directions from cross court to down the line forehand & backhand		
Punches volley to the back ½ of opponent court, to keep opponents at the baseline		
Sustains a controlled volley exchange at the net		
Performs 3rd shot drop from the baseline		
Is beginning to dink with a purpose		
Moving forward as a team to approach NVZ for dinks & volleys		
Developing directional control while performing an overhead		
Demonstrates control on forehand groundstrokes (direction, speed, depth, height)		
Demonstrates control on backhand groundstrokes (direction, depth, height)		
Keeps ball in play during rallies and is aware of minimizing errors		
Able to communicate effectively with partner & utilize different strategies to expose opponent weaknesses		
Using deeper and higher returns to approach the net quicker		
Uses offensive lobs effectively		
Demonstrates better placement and depth on serves		
Demonstrates better placement and depth on return of serves		
Improved control when adjusting to different ball speeds (serves, groundstrokes, volleys)		
Skill Testing Requirement: Dinks		
12 out of 20 windshield wiper dinks		
Skill Testing Requirement: 3rd shot drop from transition area (middle of the court)		
Forehand down the line 6/10		
Forehand cross court 6/10		
Backhand down the line 6/10		
Backhand cross court 6/10		
Skill Testing Requirement: 3rd shot drop from baseline		
Forehand down the line 3/5		
Backhand down the line 3/5		
Skill Testing Requirement: Overheads		
Overheads 3/5		

Skill Testing Requirement: Offensive lobs from the NVZ line		
Offensive Lobs 3/5		
Skill Testing Requirement: Volleys (Ball lands in the back half of opponents court)		
Forehand Punch Volley with directional & depth control 5/10		
Backhand Punch Volley with directional & depth control 5/10		
Skill Testing Requirement: Serves (Ball lands in the back half of opponents court)		
Right Court 4/5		
Left Court 4/5		
Skill Testing Requirement: Return of serves (Ball lands in the back half of opponents court)		
Right Court Forehand 4/5		
Left Court Backhand 4/5		

Leisure World Pickleball Club, Mesa Arizona www.lwpickleball.com	DATE _____ Signature/Name _____
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