

2.5 LWPC Skill Assessment – should possess all of 2.0 skills

DESCRIPTIVE	Y/N	COMMENTS
Knows the basic rules including two bounce rule, scoring and player position relative to scoring		
Demonstrates basic pendulum swing on the forehand & backhand side		
Working on consistency while dinking down the line forehand & backhand		
Working on consistency while dinking cross court forehand & backhand		
Starting to use proper side step movement while staying balanced at NVZ line		
Demonstrates a punch volley		
Is developing 3rd shot drop by long dinking from the transition area		
Moving forward to approach NVZ for dinks & volleys		
Demonstrates an overhead		
Has good mobility and can move forward in a safe and balanced manner		
Has good eye-hand coordination		
Beginning to demonstrate control on forehand groundstrokes (direction, depth, height)		
Uses a backhand ground stroke		
Keeps ball in play during short rallies		
Skill Testing Requirement: Dinks		
Forehand down the line 4/10		
Forehand cross court 4/10		
Backhand down the line 4/10		
Backhand cross court 4/10		
Skill Testing Requirement: Attempting 3rd shot drop from transition area (middle of the court)		
Forehand 2/10		
Backhand 2/10		
Skill Testing Requirement: Volleys		
Forehand Punch Volley 3/10		
Backhand Punch Volley 3/10		
Skill Testing Requirement: Overhead		
Overhead 2/5		

Leisure World Pickleball Club, Mesa Arizona
www.lwpickleball.com

DATE _____

Signature/Name _____

